Personal Manifesto

My own personal wellness is a priority. My ability to transform my patients' lives depends on the relentless pursuit of my own personal purpose and wellbeing, so that I may live into my highest potential and **serve from a place of strength, vitality, empowerment, and love.**

I believe that my patient is the expert of their own life, and is a fully integrated being of **mind, body, and spirit.** *I will guide them to discover their innate truth, wisdom, power, and capacity to heal,* so that they may live vibrantly and die peacefully.

My role is to serve the wellbeing of myself and my patients to my highest capacities, resources, faculties, and knowledge.

I will not withhold truths from my patients for the sake of a customer satisfaction ranking. When **I come from a place of service for their highest state of wellbeing**, I can trust myself fully to speak my intuitive truth, knowing that patient satisfaction is an inevitable result of my compassion, honesty, and skill.

I will challenge my patients stories and help them become aware of the vast array of possibilities in which they can choose to live their life.

**I will always support my patients to reach their healing potential**, striving to uncover their strength, resilience, and capability. I will meet them exactly where they are on their journey, **and partner with them to craft an inspiring vision for their future**, however long or short that may be.

*I will see potential and power, not disease and dependence. I will recognize my patients as completely whole and fully alive, not as a problem to be fixed.*

I will promote lifestyle design, connection, mindfulness, and plant-based nutrition as the evidence of the resultant healing is undeniable.

I will seek **deep, lasting transformations in my patients**, **and will NOT settle for the quick fix.**

*I commit to being an agent of change and a leader, inspiring and inviting others to live into their full potential, so they may heal themselves, their communities, and the world around them.*